

BRITISH PHOTODERMATOLOGY GROUP

Committee Meeting

29th June 2023 14.30-16.30

Present:

Hiva Fassihi, Sophie Weatherhead, Vicky McGuire, Adam Fityan, John Ferguson, Rachel Montgomery, Kirsty Rutter, Amaani Hussain, Marese O'Reilly

Apologies:

Sally Ibbotson, Jean Ayer, Simona Ungureanu, Helen West

1. Action list from last committee meeting

Action list completed/ updated

2. Committee membership and roles

Officers

- Hiva Fassihi Hiva.Fassihi@gstt.nhs.uk (Chair July 2022 – July 2025)
- Sophie Weatherhead sophie.weatherhead@nhs.net (Secretary Feb 2022 – Jan 2025)
- Vicky McGuire vicky.mcguire@nhs.scot (Treasurer July 2021 – July 2024)

Ordinary members (up to eight (8) including a trainee)

1. John Ferguson John.Ferguson@gstt.nhs.uk (July 2020 -> Fellowships July 2021- July 2024)
2. Adam Fityan Adam.Fityan@uhs.nhs.uk (BPG rep SCE question writers group) (Jan 2022- Jan 2025)
3. Simona Ungureanu simoniri@doctors.org.uk (July 2023 -July 2026- start of 2nd term)
4. Jean Ayer drjeanayer@gmail.com (BPG website organiser) (July 2023 -July 2026- start of 2nd term)
5. Amaani Hussain (Trainee rep) amaani.hussain@nhs.net (July 2021-July 2024)
6. Marese O'Reilly Marese.OReilly2@nhs.scot (July 2022 – July 2025)
7. Kirsty Rutter kirsty.rutter@manchester.ac.uk (BPG website co-organiser) (June 2023- June 2026)
8. Rachel Montgomery rachel.montgomery4@nhs.net (June 2023- June 2026)

Ex officio members

- BSF - Robert Sarkany Robert.sarkany@gstt.nhs.uk
- Sally Ibbotson s.h.ibbotson@dundee.ac.uk
- BDNG - Helen West Helen-Sarah.West@uhs.nhs.uk (July 2020 -July 2023)

Committee changes:

- KR and RM welcomed to the committee
- SU and JA have agreed to a second term
- JA to take over website with the help of KR
- HW to complete her term in July. New BPNG member needed

3. Chair's report (HF)

BPG @BAD & BSID

- BPG meeting at BAD 2022: Prof Yolanda Gilaberte (University Hospital Miguel Servet, Spain) on photoprotection and Prof Jean-Charles Deybach (Centre de Référence Maladies Rares Porphyries, France) with an update on emerging therapies for porphyria
- BSID 2023: Ewan Eadie (University of Dundee) who gave an excellent invited BPG Guest Lecture titled 'Far-UVC: It kills viruses but what does it do to my skin?'
- Winner of best oral presentation was Alison Havelin with 'Optimization of narrowband ultraviolet B for psoriasis using a precision medicine approach: PHOTO-OPP study (PHOTOtherapy Optimization Protocol in Psoriasis)'
- Winner of best poster presentation to Dr Fiona Campbell for her work on longitudinal variation in phototherapy cabinets

Collaboration with BAD

- NbUVB and vitiligo guidelines were published in Sept 22

Education and training

- La Roche Posay Fellowship continues to be £10k per year
- Not paid in 2022 but will be 20k this year
- Curriculum for post CCT fellow complete but funding required for a post to be created

Other

- Prof John Hawk sadly died in December 2022

4. Secretary reports (SW)

70 members currently (down from 82 last year). To try to improve membership the following have been announced at the AGM

- Reduction in fees from £45 to £25 from now
- Early access to phototherapy courses (2 weeks)
- Access to quarterly national MDT
- PPP journal online access
- Help with setting up local photodermatology services
- Access to photodermatology handbook
- Access to guidelines/ position statements etc

5. Treasurer's Financial report (VM)

- Current balance is £34,152.46 (July 2022 was £30,863.15)
- Subscriptions £3,080
- LRP fellowship awards given £3,600 (LRP money not yet received for 2022)
- Other income (incl BAD honorarium and PPP profit share) £7,223
- Other outgoings (incl. prizes given, expenses etc) £3,413.69
- Discussion re registering with HRMC

a. Ad hoc money into account

Continue to have historical annual subscriptions paid directly into account (£40).
Discussed what to do with this- ?to pay nurse BPG subscriptions, ? donate to relevant charity, ? to use with fellowship money

6. Sunscreens:

Dundee reflectant sunblock- still unable to get raw materials for beige Dundee sunblock. No imminent resolution in site

La Roche Posay the Mineral One- no plans for application to formulary, but HF to d/w La Roche Posay

La Roche Posay Anthelios Hydrating lotion SPF50 250ml- imminently to be available

7. BPG fellowships up date (JF)

- Retrospectively funding: An application has been made for a project already completed. Agreed that it needs to be confirmed whether they received any funding for this from elsewhere, and if not, can be considered this year against other applications
- Awarding money after receipts/ presentation- agreed to with generally award money after receipts/ presentation received, but to consider individual cases who may need funding up front
- Funding for 2024- will be £20k (2022 and 2023 money)
- Previous winners to be identified to check who still needs to present and to encourage them to present in 2024

8. Sourcing 8 MOP ((meladinine))and 5 MOP

No sign of 5 MOP becoming available at any point soon. No information on this
JF pointed out that Meladinine is 10% of the cost of standard 8 MOP and just as good

9. Photodermatology handbook

Handbook virtually finished but still need to sort out images. AH has contacted Wiley several times but no response re permission to use photos from Rook. She will let all know what images she would like and committee to use local photos with patient permission. Discussed the possibility for medical illustrations rather than photos and the possibility of AI to do this (but not suitable for faces). Distribution discussed- to make available on website but also print off copies for all trainees/ departments. To look at recent example of 'Wee Book of PDT' recently published in Dundee (cost £7k but unclear how many copies that made).

10. 2024 Meetings:

BSID annual meeting

Suggestions for 2024 (Southampton)

- Eugene Healey/ Mark O'Driscoll/ Mark Bernemberg (Germany)

BAD annual meeting

Possible options for 2024

- Meteorology eg Martin Josso +/- sunscreens and environment (JF)
- Tom Tull (Guys) on lupus/ CTD toolkit (HF)
- Psychology of sunprotection (RS)

Scientific Committee for judging of abstracts 2024

Robert Sarkany Robert.sarkany@gstt.nhs.uk;

Sophie Weatherhead sophie.weatherhead@nhs.net ;

Adam Fityan adam.fityan@uhs.nhs.uk;

Fassihi Hiva hiva.fassihi@gstt.nhs.uk;

Sally Ibbotson' s.h.ibbotson@dundee.ac.uk;

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Ammani Hussain amaani.hussain@nhs.net

John Ferguson John.Ferguson@gstt.nhs.uk

Jean Ayer drjeanayer@gmail.com

Marese O'Reilly Marese.OReilly2@nhs.scot – not for 2023 as will be on maternity leave

Kirsty Rutter kirsty.rutter@manchester.ac.uk

Rachel Montgomery rachel.montgomery4@nhs.net

Hot topics - none planned at this stage. To await BAD communication

Photodermatology poster walk -HF and RS happy to continue. Possibly also RM and JF

11. BAD

Working group – BAD Minimum Clinical Standards for Phototherapy (HF/RS/JF)

Remains unworkable at present. No future plans for audit. For cooling off period for now and then consider BPG standards on the website in future (possibly badged by BAD)

12. BPG Workshops

Considered standard template for phototesting/ ? Photopatch testing/ photo topics to be discussed to establish clear definition of diagnosis and pathway e.g. AP.

Plans to discuss 2-3 disease treatment pathways in morning session prior to next committee meeting (along with handbook). To discuss by email ahead of next meeting

13. Position statements

6 of 7 current position statements currently need updating. Home phototherapy not due for update until next year. Decision to remove statement on compact florescent lights as no longer relevant. Remaining statements to be reviewed by the following and then discussed at next meeting:

PDT- SI

Phototherapy for skin disease- RM

Skin photoprotection (including advice for schools)- HF

Sunbeds – JF

Vitamin D- KR

14. BPG representative on SCE question writers group

AF to continue in role

15. BPG/BSF Small Grants

No plans for these at present but may become available in future years

16. ESPD and Photomedicine society

SI to continue on committee. KR to consider applying to join

17. BAD/ SIG meetings

Will be held in September. Any points to be raised to be passed to HF prior to this

18. Post CCT fellowships

HF to approach La Roche Posay to consider funding for this post. Could be based in 1 centre or several centres depending on candidate preference

19. Website update

JA has agreed to take on this role and KR agreed to help support her with this. Elton Woo to provide a virtual teaching session as to how to update the website going forward. There are several areas to update include fellowship information, guidelines, position statements and to add photodermatology handbook and information on upcoming courses. To consider a members only area

20. Private home phototherapy

Recent contact from colleague in Leeds re MBS phototherapy service which hire out UVB machines (1/2 body) privately with no clinical support. They deliver locally but will also allow patients to collect themselves from anywhere in the UK. Discussed safety concerns of this, and the need for NHS home phototherapy services in more areas. JF discussed the possibility of setting up a separate company to monitor patients who have bought their own devices.

21. Trainee report

AH reported that the handbook is virtually complete, but photos needed for final version as discussed above.

No other training issues or concerns

22. BPG patient information videos

AF not present at this stage of meeting, but unclear if Southampton medical student video has been corrected and is now ready to use. Also discussed the benefits of other patient videos but could produce these professionally (possibly with company support but not with their logos etc). All to consider what is needed and to look at what is currently already available

23. Any Other Business

- Newborn screening programme – A national pilot study to be started and offered to parents of UK newborns. Aim is to identify possibly genetic conditions which may be improved/ prevented if detected early. These include porphyria including CEP, EPP, HEP

and x-linked EPP. Pathways for referrals discussed and to include team from London, Dundee and Manchester.

FECH	Protoporphyrin, erythropoietic, 1	AR	LOF
UROD	Porphyria cutanea tarda	AD	LOF
UROD	Porphyria, hepatoerythropoietic	AR	LOF
ALAS2	Protoporphyrin, erythropoietic, X-linked	XLR	GOF

- To add educational agenda to next committee meeting

24. Date of next committee – ? 25th Jan 24

SW to check with Willan House. For full day meeting 10-4

Actions List from June 23 meeting:

Action Grid

Action	To be completed by	Completed
To explore mineral sunscreens to become available on prescription eg La Roche Posay	HF	
To advertise and award La Roche Posay fellowship awards 2024	JF	
BPG handbook- photos needed to complete handbook	AH, SW and All	
To consider how we can publish booklet/ discuss with BAD.	All, with Dundee team to get details of Wee book of PDT	
To invite BSID speaker for 2024 (Southampton)	AF	
To invite BAD speakers for 2024 (as per suggestions above)	JF, HF, RS	
To advertise for new BNPG member within centres, and pass details of those interested to HF/ SW	All	
To chase previous fellowship winners and ask them to present in 2024	JF	
To decide which photosensitive disorders to define and produce treatment pathway for ahead of Jan morning meeting	HF/ SW and all	
To arrange Jan full day meeting at Willan House	SW	
Nominate a new educational link person to be nominated for SIG	All	
To consider implications of having savings account (alongside current account) on tax etc	VM	
To discuss with BAD re need for SIG to inform HMRC	VM	
Consider further BPG representation on ESPD committee	RM	
To advertise fellowship in the BAD year planner (HF)	HF	
To update position statement for review at Jan meeting: PDT	SI	
To update position statement for review at Jan meeting: Phototherapy for skin disease	RM	
To update position statement for review at Jan	JF	

meeting: Sunbeds		
To update position statement for review at Jan meeting: Vitamin D	KR	
To update position statement for review at Jan meeting: Skin photoprotection (including advice for schools)	HF	
To check literature to decide if need to update PUVA guidelines	All	
D/W La Roche Posay re funding a post CCT fellow post	HF	
Discuss standard history taking template for discussion/comment as circulated by SI	All	
To ask Ewan Eadie to write a UVC position statement	SI	
To update and distribute Southampton medical student UVB PIV	AF	
Ask BAD to put LRF fellowship and advertise photodermatology course on annual planner	HF	
To coordinate redesigning website with new members only section and updated links, including early bird registration for photoderm courses	JA/ KR	