

# **PROGRAMME**

## **An Introduction to Photodermatology 2024**

**MONDAY 16<sup>th</sup> September 2024 – Robens Suite, 29<sup>th</sup> Floor, Tower Wing, Guy's Hospital**

9.00-9.30 Registration & Coffee

### **ULTRAVIOLET LIGHT & SKIN: BASIC CONCEPTS**

Chair: Dr Robert Sarkany

9.30-9.35 Welcome and Introductory Remarks

9.35-10.20 Introduction to Light Including Ultraviolet Radiation

10.20-11.00 What does Ultraviolet Radiation and Phototoxic Mechanism in the Skin?

**11.00-11.30 MORNING COFFEE**

11.30-12.15 Photoageing and Photocarcinogenesis

### **AN INTRODUCTION TO PHOTODERMATOSES**

Chair: Dr Robert Sarkany

12.15-13.45 Topical Photodynamic therapy: Principles & Practice

12.45-13.30 Introduction to the Photodermatoses

**13:30-14:30 LUNCH**

### **CHEMICAL AND DRUG PHOTSENSITIVITY**

Chair: Dr Hiva Fassihi

14.30-15.10 Drug-induced Photosensitivity

15:10-15:30 Phytophotodermatitis

**15.30-16:00 AFTERNOON TEA**

Chair: Dr Hiva Fassihi

16:00-16.30 Phototesting in Clinical Practice

**TUESDAY 17<sup>th</sup> September 2024 – Robens Suite, 29<sup>th</sup> Floor, Tower Wing, Guy's Hospital**

9.00-9.30 Registration & Coffee

**PHOTOPROTECTION**

Chair: Dr Robert Sarkany/ Dr Momen

9.30-9.50 Revision Quiz/Discussion from Day 1

9.50–10.20 Photoprotection 1: a practical approach

10.20–11.00 Photoprotection 2: Sunscreens; photoprotection in real life

**11.00 – 11.30 MORNING COFFEE**

**PHOTODERMATOSES**

Chair: Dr Robert Sarkany/ Dr Momen

11.30-12.00 Polymorphic light eruption

12:00-12:20 Actinic Prurigo

**12.20-13.20 LUNCH**

Chair: Dr Hiva Fassihi

13:20-13:40 Hydroa vacciniforme

13.40-14.00 Solar Urticaria

14.00- 14:45 Photoaggravated Dermatoses

**14.45 -15.15 AFTERNOON TEA**

Chair: Dr Hiva Fassihi

15:15-16:15 Chronic Actinic Dermatitis including contact allergy in photosensitivity and Photoallergic contact dermatitis

**WEDNESDAY 18<sup>th</sup> September 2024 – Robens Suite, 29<sup>th</sup> Floor, Tower Wing, Guy's Hospital**

9.00-9.30 Registration & Coffee

**PHOTODERMATOSES**

Chair: Dr Robert Sarkany

9:30-10:00 Lupus, connective tissue diseases and photosensitivity

10:00-10:20 Thalidomide and its use in treating photosensitivity

**PHOTOTHERAPY**

Chair: Dr John Ferguson

10:20-11:00 Introduction to Phototherapy

**11:00-11.30 MORNING COFFEE**

11:30-11:50 UVA-1 Phototherapy

11:50-12:05 The role of the Phototherapy Nurse

12:05-12:35 PUVA phototherapy

**12:35-13:40 LUNCH**

13:40-14:15 Narrow Band UVB

14:15-14.40 Adverse effects of phototherapy

14.40 –14:55 Home Phototherapy

14:55 – 15:15 The Future of phototherapy light sources/ UVC and COVID

**15:15-15:35 AFTERNOON TEA**

**Dowling Phototherapy Unit – Bermondsey Wing, Ground Floor, Guy's Hospital**

15:45-17:15 Phototesting, Phototherapy & PDT Demonstrations

**THURSDAY 19<sup>th</sup> September 2024 – Robens Suite, 29<sup>th</sup> Floor, Tower Wing, Guy's Hospital**

09.00-9.30 Registration & Coffee

9.30 -10.00 Revision Quiz/Discussion from Days 2 and 3

**THE PHOTOGENODERMATOSES**

Chair: Dr Hiva Fassihi

10.00 – 11.00 Xeroderma Pigmentosum & the DNA Repair Disorders

**11.00-11.30 MORNING COFFEE**

**THE PORPHYRIAS**

Chair: Dr Robert Sarkany

11.30-12.00 Understanding the Porphyrias

12.00-12.30 Managing Patients with Porphyria

12.30-13.00 Revision Quiz/Discussion from Day 4

**13.00-14.00 LUNCH**

**CLINICAL CASE SCENARIOS – Dermatology Outpatients, 3<sup>rd</sup> Floor Southwark Wing, Guy's Hospital**

14.00-15.00 Clinical Case Discussions 1-5

**15.00 -15.30 AFTERNOON TEA**

15.30-16.30 Clinical Case Discussions 6-10